

# Sophia Tsiralidis

Resume

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## EXPERIENCE

### Stile Aesthetics / Frank L. Stile, MD, FACS

October 3, 2019 - October 4, 2019, 8954 Spanish Ridge Ave #1 Las Vegas, NV 86148

October 3, 2019: I did an internship with Dr. Stile. I shadowed his consultations, and learned a lot about plastic/cosmetic surgery!

### Aquatic Recreational Assistant

I have worked as an Aquatic Recreational Assistant through the City of Henderson. My job entails checking people in/out of the pool, calling 911 during emergencies, signing children up for classes, and making sure the facility is running smoothly.

### Lifeguard w/ SSI

2017- current date!

I have lots of work experience lifeguarding for the City of Henderson. I am CPR, First Aid, AED, Oxygen, and Stop the Bleed certified which helps me perform well at my job. It also helps with my career goal in life by helping people on the job regularly. Along with lifeguarding I also teach children stroke mechanics, and water safety.

### Director

Director of the St. John the baptist "Liondaria" dance group. I manage my own section of the program communicating with the dance board, programs, etc. I help organize events, as well as prepare new material for the children each week.

## EDUCATION

### Southeast Career Technical Academy / Nursing Assistant Major

5710 S Mountain Vista St, Las Vegas, NV 89120

At SECTA I have been able to take my regular high school classes along with CNA classes. When I graduate I will have graduated with a CNA license, and a ton of knowledge education wise, and have real life experience.

In a total of 4 years I have taken:

- 2 AP classes In Chemistry, and Psychology
- Dual Credit ENG 101/102 with Nevada State
- Health Science 1 & 2, Anatomy & physiology H, and Human Diseases
- Nursing Assistant H, and Nursing assistant Lab
- Spanish I,II,III H

## SKILLS

- CPR / First Aid certified:  
with Heart Association, and  
Starguard.

- Oxygen Certified

- Stop The Bleed

- CNA License

- AED certified

- Starfish swim instructor

## VOLUNTEER

- Boulder City Hospital from January 2016 - Current day: I volunteer at a long term care facility, assisting residents with their everyday needs. We take them on outings once a week, and I assist the activities director Salome Jarvis with anything she needs.
- GOYA (Greek Orthodox youth of America): We put together care packages for children in the UMC hospital, feed the homeless, and wrap presents for children every Christmas.
- Breast Cancer Awareness walk.
- Feeding the homeless at the mission shelter with the Greek Orthodox church.
- I volunteer at the Greek Food Festival every year working the soda booth!
- Setting up, and organizing everything for the St. Rose annual gala for children in need.

